

Swingin' Thing

Choreographed by Jo & Rita Thompson

Description: 32 count, 1 wall, beginner line dance

Music: Honey Hush by Scooter Lee [128bpm / CD:High Test Love / CD:Best Of]
Pride And Joy by Scooter Lee [124bpm / CD:More Of The Best And Then Some]
Ain't Nobody Got The Blues by Scooter Lee [CD:Set The North Pole On Fire]

Start dancing on lyrics

WALK FORWARD RIGHT, LEFT, RIGHT, KICK, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

1-2 Step right forward, step left forward

3-4 Step right forward, kick left forward

On count 4, for better balance, touch the left beside right instead of kicking forward

5-6 Step left back, step right back

7-8 Step left back, touch right together

WALK FORWARD RIGHT, LEFT, RIGHT, KICK, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

1-2 Step right forward, step left forward

3-4 Step right forward, kick left forward

On count 4, for better balance, touch the left beside right instead of kicking forward

5-6 Step left back, step right back

7-8 Step left back, touch right together

SIDE RIGHT, HOLD, TOGETHER, HOLD, SIDE RIGHT, HOLD TOGETHER, HOLD

1-2 Step right to side, hold

3-4 Step left together, hold

5-6 Step right to side, hold

7-8 Touch left together, no weight, hold

For fun, on the above 8 counts you can shimmy, wiggle, or shake something!

SIDE, TOGETHER, SIDE, TOGETHER, SIDE, TOGETHER, CLAP, CLAP

1-2 Step left to side, step right together

3-4 Step left to side, step right together

5-6 Step left to side, touch right together, no weight

7-8 Clap, clap

REPEAT