

One Foot

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Addison Albro & Dan Albro (February 2018)

Music: "ONE FOOT" by: Walk The Moon

Intro: 16 count Intro, * 1 Tag/Restart

[1-8] STOMP, STOMP, HOLD(CLAP), SHUFFLE FWD, FWD MAMBO, SHUFFLE ½ TURN

1&2 Stomp fwd R, stomp fwd R(weight on R), hold clapping hands

3&4 Step fwd L, step R next to L, step fwd L

5&6 Step fwd R, step L next to R, step back R

7&8 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L 6:00

*** On wall 5 (facing 12:00) replace counts 7&8 of the first eight count with a coaster step;**

Step back L, step R next to L, step fwd L. Then restart from the beginning.

[9-16] SHUFFLE ½ TURN, COASTER STEP, KICK, OUT, OUT, 3 HIP BUMPS

1&2 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R 12:00

3&4,5&6 Step back L, step R next to L, step fwd L, kick R fwd, step side R, step side L

7&8 Bump hips right weight on R, bump hips left weight on L, bump hips right weight on R

[17-24] WEAVE, ¼ TURN ROCK, REPLACE, ½ TURN STEP, STEP, LOCK, STEP, STEP, LOCK, STEP

1&2& Step side L, step R behind L, step side L, cross R over L

3&4 Turn ¼ left rocking fwd L, replace weight on R, turn ½ left stepping fwd L 3:00

5&6 Step fwd R, lock step L behind R, step fwd R

7&8 Step fwd L, lock step R behind L, step fwd L

[25-32] JAZZ BOX, STEP ½ PIVOT, HEEL & HEEL &

1,2,3,4 Cross R over L, small step back on L, step side R, step fwd L

5,6 Step fwd R, pivot ½ left weight on L

7&8& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R