

Beat of the Music (P)

Count: 32 Wall: 0 Level: Improver Partner

Choreographer: Lyndy [04/28/14, Rev. 5/12/14]

Music: Beat of the Music by Brett Eldredge, 110 BPM

*** For the Mishnock & Friends, Maya Riviera Country Dance Vacation in Mexico ***

Skaters Position – right hands joined at woman's hip, 16 count intro

[1-8]ROCK , COASTER, ROCK, SIDE ROCK WITH ¼ TURN

1,2,3&4 Rock fwd L, recover R, step back L, step R next to L, step fwd L

5,6,7,8& Rock fwd R, recover L, turn ¼ right and side rock on R, recover L, & pull R next to L

[9-16]2 RIGHT SIDE SKATES, LYNDY RIGHT

1,2 Turn 1/8 right and slide R to right side, turn 1/8 left and slide L next to R

3,4 Repeat 1,2

5&6,7,8 Shuffle to right side R-L-R, rock back L behind R, recover R

[17-24]3 SHUFFLES WITH WINDMILL TURN, STEP FORWARD R, TOUCH L TO SIDE

1&2 Turn ¼ left and shuffle forward (toward LOD) L-R-L (move joined rights hands from woman's right hip and straighten right arms)

3&4 Turn ½ left while shuffling R-L-R (Couple will break left hands. Joined right hands will pass over woman's head then lower to waist height.)

Turn ½ left while shuffling L-R-L. (Left hand will rejoin at left waist as right hands break.)

5&6 Joined left hands will pass over woman's head. Rejoin right hands at woman's right hip returning to skaters position)

7,8 Walk forward R, touch L to left side

[25-32]STEP FORWARD L, TOUCH R, STEP BACK R, TOUCH L, 2 SHUFFLES

1,2,3,4 Step fwd L, touch R toe forward, step back onto R, touch L toe back

5&6,7&8 Shuffle forward L-R-L, shuffle forward R-L-R

Repeat

For more details, contact Lyndy by email at Dantsman@aol.com